

# Monthly Menu Example

May 1 - 30, 2017

If you have food allergy, please notify your site director/teacher.

1 year old, Whole Milk,  
2 year and older, 1% Milk

Breakfast		
Mon./Fri.	Wed.	Tues./Thurs.
Kix WG/Cheerios WG	Oatmeal (WG)	Tues. Pancakes / Thurs. Waffles
Fresh Fruit/Milk	Fresh Fruit/Milk	Fresh Fruit/Milk

Monday 5/1	Tuesday 5/2	Wednesday 5/3	Thursday 5/4	Friday 5/5
Mandarin Oranges © (A)  HM Breakfast Burrito w/Egg and Sausage Carrots (A) Banana © Milk  Cheese Apples	Cantaloupe ©  HM Meatballs WW Bread and Butter Green Beans (A) Banana © Milk  Yogurt Grapes	Apples  HM Bean and Cheese Burrito Broccoli © Mandarin Oranges © (A) Milk  Pretzels Peanut Butter	Peaches (A)  HM Ham Pinwheels WG Tortilla Spinach OTS and inside wrap Banana © Milk  Cheerios and Raisins Milk	Mandarin Oranges © (A)  HM Beef Goulash Cucumber and Hummus Strawberries © Milk  Cheese Crackers
Monday 5/8	Tuesday 5/9	Wednesday 5/10	Thursday 5/11	Friday 5/12
Pineapple ©  Tyson Fun Nuggets Bread Peas & Carrots (A) Peaches (A) Milk  Carrot and Celery sticks Milk	Banana ©  Macaroni & Cheese w/ Ham strawberries brussel sprouts Milk  watermelon WW Bagel	Strawberries ©  Ham & Cheese Rollup Cottage Cheese Tomato Soup © Peaches (A) Milk  Cheese Sticks Milk	Banana ©  Turkey Dog Pigs in a Blanket Cheese Stick Green Beans (A) Peaches (A) Milk  Whole Grain Goldfish Milk	Mandarin Oranges © (A)  HM Cheese Burger on Slider Bun Peas & Carrots (A) Pears Milk  Yogurt Granola
Monday 5/15	Tuesday 5/16	Wednesday 5/17	Thursday 5/18	Friday 5/19
Apples  Tyson Crispy Chicken Strips Carrots w/ Ranch Dip (A) Buttered Noodles Mandarin Oranges © (A) Milk  Loaded Baked Potato Ham and Cheese	Cantaloupe ©  HM Beef Patties w Brown Gravy Oranges © Mashed Potato Rolls Milk  club cracker cottage cheese	Mandarin Oranges © (A)  HM Beef and Bean Chili Carrots (A) Crackers Mixed Fruit © Milk  Apples Peanut Butter	Cantaloupe ©  HM Hamburger Taco Salad Yellow Corn Chips Banana © Lettuce Salad (A) Milk  Pita Hummus	Banana ©  HM Cheesy Chicken with Tortilla Salsa Green Beans (A) Mandarin Oranges © (A) Milk  Whole Grain Goldfish Raisins and Apples
Monday 5/22	Tuesday 5/23	Wednesday 5/24	Thursday 5/25	Friday 5/26
Peaches (A)  HM Spaghetti with Meat Sauce Corn Strawberries © Milk  Cheese Apples	Peaches (A)  Tyson Fun Nuggets WW Bread Romaine Salad Oranges © Milk  Strawberries © Cheese Cubes	Strawberries ©  PBJ Sandwich Mozzarella Stick Sliced Carrots (A) blueberries Milk  Ham and Cheese Rollups Milk	Banana ©  Turkey & Cheese Sandwich Green Beans (A) Grapes Milk WW Bread  Oven Baked Sweet Potato Fries Milk	Peaches (A)  HM Hamburger Sloppy Joes w/ Buns Corn Blueberries © Milk  Yogurt Granola
Monday 5/29	Tuesday 5/30	Wednesday 5/31	Thursday 6/1	Friday 6/2
<b>CLOSED MEMORIAL DAY</b>  Water available throughout the day	Apples  HM Bean and Cheese Burrito Broccoli © Mandarin Oranges © (A) Milk WW Tortilla  Pretzels Peanut Butter	Pineapple  HM Meatballs Breadstick Green Beans (A) Strawberries © Milk  Yogurt Grapes	Peaches (A)  HM Ham Pinwheels WG Tortilla Corn Broccoli Milk  Chex Cereal and Raisins Milk	Mandarin Oranges © (A)  HM Breakfast Burrito w/Egg and Sausage Carrots (A) Banana © Milk  Cheese Apples

This institution is an equal opportunity provider.